

LETS PLAY CRICKET

BOWLING CHECKLIST

I can grip the ball correctly	
I can hit the stumps 1 out of 6 balls	
I can hit the stumps 2 out of 6 balls	
I can hit the stumps 3 out of 6 balls	
I can jump off the correct foot when bowling	

BOWLING CHECKLIST

I can use both arms correctly when bowling	
I can bowl with a straight seam	
I can bowl with a straight arm	
I can run up and bowl	
I can hit the top of off once in 6 balls	

BOWLING CHECKLIST

I have bowled at a batter	
I have bowled out a batter in quick cricket	
I have bowled 6 balls all on one side of the stumps	

BATTING CHECKLIST

I can grip the bat correctly	
I have a balanced stance at the crease	
I can move my head to the ball before my feet	
I can hit a straight drive	
I can hit a pull shot	

BATTING CHECKLIST

I can hit a cut shot	
I can hit a sweep shot	
I can hit a ball off a cone into 3 different zones 1 out of 6 balls	
I can hit a ball off a cone into 3 different zones 2 out of 6 balls	
I can hit a ball off a cone into 3 different zones 3 out of 6 balls	

BATTING CHECKLIST

I have batted against a bowler	
I have batted in quick cricket	
I have got 10+ runs in quick cricket	

I can throw the ball correctly	
I can use both my arms when I throw the ball	
I use my whole body when I throw the ball	
I can hit 3 stumps from 10m away	
I can hit 2 stumps from 10m away	

I can hit 1 stump from 10m away	
I can catch 1 flat catch out of 6 (ball hit/ thrown from 5m away)	
I can catch 2 flat catches out of 6 (ball hit/ thrown from 5m away)	
I can catch 3 flat catches out of 6 (ball hit/ thrown from 5m away)	
I can catch 4 flat catches out of 6 (ball hit/ thrown from 5m away)	

I can catch 5 flat catches out of 6 (ball hit/ thrown from 5m away)	
I can catch 6 flat catches out of 6 (ball hit/ thrown from 5m away)	
I can catch 1 high catch out of 6 (ball hit/ thrown minimum of 5m in high)	
I can catch 2 high catches out of 6 (ball hit/ thrown minimum of 5m in high)	
I can catch 3 high catches out of 6 (ball hit/ thrown minimum of 5m in high)	

I can catch 4 high catches out of 6 (ball hit/ thrown minimum of 5m in high)	
I can catch 5 high catches out of 6 (ball hit/ thrown minimum of 5m in high)	
I can catch 6 high catches out of 6 (ball hit/ thrown minimum of 5m in high)	
I can run and pick up the ball with 2 hands with a good technique	
I can run and pick up the ball with one hand with a good technique	

CRICKET KNOWLEDGE

I can name 10 fielding positions	
I can name name 5 pieces of cricket equip- ment	
I can name name 5 ways you can get some- one out	
I can name 5 male and 5 female cricket stars	
I know what a wide is	

CRICKET KNOWLEDGE

I know how many balls are in 1 over	
I know how many players play in cricket	
I know what a T20 is	
I know what a Test Match is	

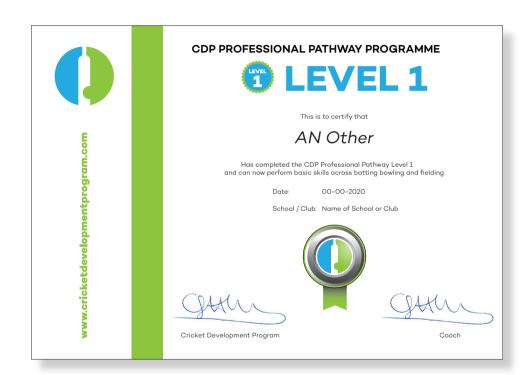
CONGRATULATIONS

Well done for completing the CDP.

Once you have had every aspect of the checklist signed off by your teacher of coach you could be the next cricket SUPERSTAR.

Hand this into your teacher to receive your signed CDP certificate.

Good luck.



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